

Duty to God and Scouting

Varsity Program Planning

3rd hour outline

Quiz

How many years would it take to earn \$1,000,000?

If you invested \$60,000 @ 2% _____

@ 6% _____

@ 9% _____

@ 12% _____

If you invested \$3,000 per year @ 2% _____

@ 6% _____

@ 9% _____

@ 12% _____

Program Methods

Deacons / Scouts

1. Outdoor and Advancement Driven
2. 12 recommended program themes
3. 36 Program Features
4. Summer Camp

Teachers / Varsity

1. Boy Interest Driven
2. Individual Interest Survey
3. Team/Crew Interest Profile
4. Team/Crew Brain Storm
5. Resources (PCI)
6. Program with areas of emphasis in mind
7. Calendar and deconflict
8. Correlate with ward, YM/YW, etc
9. Announce to Team/Crew and parents
10. Boys execute with adult coaching/advising
11. Evaluate
12. Summer High Adventure

Priests / Venturers

Characteristics of a Varsity Scout-age young man

- Concerned about body image and looks.
- Concerned about sex and thinks about girls, sports, and cars much of the time.
- Thinks and talks about abstract ideas.
- Thinks creatively and critically, and so might seem argumentative.
- Moving from total dependence on parents (and leaders) to interdependent relationships with friends and others.
- New give-and-take relationships with parents, teachers, and employers can be positive and exciting.
- Wants to be able to contribute as well as receive.
- Would like to be treated as an adult, but often feels treated as a child. Wants and can take more responsibility.
- Developing a personal philosophy of life.
- Aware of differences between the standards of his group and those of his parents.
- Needs and wants a variety of experiences, adventures, and risks.
- Needs to try out new roles and to begin to think about vocations.
- Has maximum loyalty to his group.

Physical Development

- Athletics

- 1. Run 5 kilometers or 3 miles in 30 minutes or less.
- 6. Teach a younger brother or sister or ward member how to play an indoor game or sport.
- 7. Participate on a sports team in the quorum, ward, school, or community.
- 8. Learn to play or officiate a sport of your choice.
- 12. Teach first aid skills to your family or quorum members.

- Other

- 5. Participate in a group cultural arts performance such as a road show, play, folk dance, or other activity in a church, school, or community function.

- Camping

- 2. Swim 75 meters using 2 different strokes.
- 3. Demonstrate lifesaving skills in the water.
- 4. Hike 15 kilometers or 9 miles with a 5-kilogram or 12-pound pack in 1 day.
- 9. If local conditions permit, participate in a 3-day quorum camping trip under the supervision of your leaders and other qualified adults.
- 10. Explain to your parents or a priesthood leader how to survive for 48 hours if lost in the wilderness in both warm and cold seasons. Identify edible plants and animals, and explain how you would ensure the safety of drinking water.
- 11. Learn and demonstrate the most important distress crisis or when you are lost.



Varsity Letter Requirements

The Varsity letter may be earned by youth and adult members. The youth requirements are:

1. Be a registered Varsity Scout team member.
2. While a team member, actively participate in or accomplish at least **one high-adventure program or sports program** to the satisfaction of your Varsity Scout Coach.
3. Have an **attendance record at team meetings and practice sessions** of at least 75 percent for three consecutive months.
4. Satisfy the Varsity Scout Coach that you know and **live by the Scout Oath and Law**.

At the completion of each sports season or ultimate adventure, each participating Varsity Scout will receive a medallion to wear on the letter.

arsity Letter - Sports

- Nutrition
 - Eating right
 - Sleeping right
- First Aid/Injuries
 - First Aid Kits
 - CPR
 - Sports medicine
- Exercise
 - Muscle Building
 - Team Exercise drills
- Teamwork on and off court
 - Play drills
 - Team enthusiasm and encouragement
 - Getting beyond win/lose



Varsity Letter - High Adventure

- First Aid/Injuries
 - First Aid Kits
 - CPR
 - Survival
 - 48 hours if lost in the wilderness in both warm and cold seasons.
 - Identify edible plants and animals, and explain how you would ensure the safety of drinking water.
 - Learn and demonstrate the most important distress crisis or when you are lost.
- Nutrition
 - Eating right
 - Sleeping right
- Pre-Camping
 - Muscle Building
 - Hiking/Swimming
- Camping
 - 3-day quorum camping trip



Denali Award Requirements

The Denali Award is available only to a Varsity Scout team's youth members who have already earned the Varsity Scout letter. The requirements for the award are:

1. Be a registered Varsity Scout team member.
2. Advance **one rank** toward Eagle. If you are already an Eagle Scout, earn a Palm.
3. Hold **leadership positions** in a Varsity Scout team for at least six months.
4. a.) While serving as team captain or a program manager, act as **primary leader on at least two activities**. Program managers should choose activities in their field of emphasis. Team captains may be primary leaders of activities in any of the five fields of emphasis.
b.) While serving as a program manager or team captain, demonstrate **shared leadership skills by participating in supportive roles** in activities in each of the three remaining fields of emphasis.
5. Satisfy the team captain that you know and **live by the Varsity Scout Pledge**.
6. Complete a progress review.

Fields Of Emphasis

Varsity Field of Emphasis	Teacher Duty to God Activities and Goals
Advancement	Family Activities
Service	Quorum Activities
	Spiritual Development
High Adventure/Sports	Physical Development
Personal Development	Educational, Personal, and Career Development
Special Programs and Events	Citizenship and Social Development

Leadership Development

- Principles of Leadership
 - Lead by values and follow spirit
 - Plan and prepare
 - Lead by example
- Applied Leadership (Program Management)
 - Leadership training from varsity scout handbook
 - Planning weekly program activities (Mutual)
 - Planning for bigger events
 - Weekend Activities
 - High Adventure

Quorum Development

Leadership Duties

1. Read Doctrine and Covenants 20:53–57 and the Teaching Guidebook. Discuss with a priesthood leader how you can be a good home teacher.
2. Give at least one 4- to 5-minute talk each year in priesthood or sacrament meeting.
3. Teach, or help teach, 1 or more lessons in the teacher's quorum meeting.
6. Participate in baptisms for the dead.

Missionary Preparation

4. Discuss how to prepare for and serve a full-time mission and ways to assist the full-time missionaries in your area.
5. Invite and bring to Church meetings a friend, a less-active member, or a new member your age.
7. Participate in at least 1 teachers quorum service project each year.

Family Activities

Patriarchal Priesthood

1. Read Alma through Moroni. Discuss what Alma, Helaman, and Moroni foretold about Christ; also the brother of Jared and the strength of his faith.
3. Discuss the purpose of a patriarchal blessing.
5. Read the identified topics in Gospel Principles or Principles of the Gospel, and teach 2 of them to your family.

Leading in the Family

2. Discuss each For the Strength of Youth topic with your parents.
4. Teach at least 4 family home evening lessons each year.
6. Memorize the words and learn to conduct at least 3 hymns each year.
7. Prepare and use a simple budget. Keep a budget for at least 2 months.
8. Describe your country's constitution and the events that led to its creation.
9. Plan and carry out an activity in which you and your family serve a neighbor or relative.

Spiritual Development

Conversion and Heeding the Spirit

1. Study the purposes of the Aaronic Priesthood. Discuss what it means to “become converted to the gospel of Jesus Christ and live its teachings.”
3. Prepare at least 2 home teaching lessons.
4. Recite from memory the Articles of Faith and Doctrine and Covenants 13.
6. Complete a family group record for each of your grandparents.
12. Read at least 2 stories from a Church magazine.

Personal Practices

2. Practice keeping the Sabbath day holy.
5. Discuss a general conference address about the evils of immorality and pornography.
7. Write regularly in a personal journal for at least 3 months.
8. Regularly add to your mission fund.
9. Collect recipes for a dozen meals that a missionary can prepare quickly. Prepare at least 4 of these meals.
10. Write 3 letters of appreciation.
11. Develop a list of 10 qualities that you admire in your father or another adult.

Educational, Personal, and Career Development

Education

1. Continue your education, and develop additional skills in reading, writing, and mathematics.
2. Read at least 6 issues of a Church magazine.
7. Learn and explain the entrance requirements for a technical school, college, or university.

Personal

8. Learn to play a musical instrument.
11. In a language other than your own, bear your testimony, and memorize the first 6 articles of faith.
12. Use a computer to prepare a Church talk, a school assignment, or another similar task.

Career

3. Choose 3 careers that interest you. Discuss them emphasizing the positive aspects of each career as they relate to your personal characteristics and life goals.
4. Visit at least 3 places where people perform work you might enjoy. Find out what they like and dislike.
5. Take a vocational interest test and discuss the results with your parents.
6. Discuss how your chosen career would allow you to maintain Church standards.
9. Attend a “career night” discussing the steps to apply for a job and what characteristics employers look for in new employees.
10. Collect 3 different job applications, and fill them out as practice.

Career

- Providing for Family
 - Developing hobbies
 - Making a interest profitable
 - Making the difference with hard work
- Financial Preparedness
 - Rule of 72 and retirement
 - Saving equals Earning
- Value of Education
 - Financial differences
 - Personal satisfaction
 - Cultural development



Citizenship and Social Development

Citizenship

3. Volunteer for 4 or more afternoons or evenings of service.
5. Attend a community or city council meeting.
6. Visit a legal court, and share your impressions.
7. Sing your national anthem; explain its origin.
8. Discuss ways to help prevent crime.
11. Give a talk in sacrament meeting, or a speech at school or in the community.
12. Organize a project to clean and repair a public park or gathering place. Help maintain the grounds for 2 months.

Social

1. Practice proper personal hygiene and grooming.
2. Plan and participate in at least 1 combined activity.
4. Invite your grandparents or other senior citizens to share their childhood memories.
9. Develop a list of music, movies, television programs, and printed materials that are in harmony with gospel standards
10. With your quorum members, plan and participate in an “etiquette dinner.” The guests of honor could be quorum members’ parents.

Communication

- Developing talents
 - influencing by words – speech
 - influencing by actions – acting
 - influencing by feelings – music
- Entertainment (impressing the girls)
 - Telling Stories
 - Grooming and Etiquette
 - Cultural Activities